**Part II Appendicular skeletal**

Upper Extremities

Pectoral Girdle

Clavicle-collar bone Identification of the bone, medial and lateral end.

Acromial end Sternal end

Scapula

Identification of the side of the scapula- Right or left

Superior Angle Medial border Lateral border

Superior border Inferior angle Glenoid cavity

Coracoid process

Suprascapular notch Spine Acromion process

Arm

Humerous

Identification of the bone, upper and lower end, Identification of the side of the bone-right side-left side.

Head Surgical neck Greater tubercle

Lesser tubercle Inter tubercular groove

Lateral epicondyle Deltoid tuberocity Capitulum

Medial epicondyle Olecranon Fossa Coronoid fossa

Trochlea

Forearm

Radius Identification of the bone-upper end –lower end

Head Neck Radial tuberocity Styloid process Ulnar notch of Radius

Ulna Identification of the bone-upper end –lower end

Olecranon process Coronoid process Styloid process Trochlear Notch

Head Radial Notch of Ulna

Hand Identification of the bones- names

Carpals and Metacarpals

Phalanges

Pelvic Girdle

Pelvis Difference between male and female pelvis

Coxal bone Identification of three bones

Illium

Iliac Crest Sacroiliac joint Anterior superior spine Posterior superior spine

Anterior inferior spine Posterior inferior spine

Ischium

Ischial tuberocity Ischial spine Greater sciatic notch Lesser sciatic notch

Acetabulum

Pubic

Ramus of Pubis Obturator foramen Pubic symphisis

Thigh

Femur Identification of the bone, upper –lower end of the bone, side of the bone-right and left side

Head Neck Greater trochanter Lesser trochanter

Intertrochanteric line Intertrochanteric crest Linea aspera

Medial condyle Medial epicondyle

Lateral condyle Lateral epicondyle

Leg

Tibia Identification of the bone, upper and lower end of the bone, Right-left side

Lateral condyle Medial condyle Tibial tuberocity Anterior crest

Medial malleolus

Fibula Identification of the bone

Head Lateral Malleolus

Foot

Tarsals, Talus Calcaneus Identification of the bones

Metatarsals and Phalanges How to name them?